

Concentra Telemed® is the first telemedicine platform designed for work-related injuries and illnesses. Since its launch in 2017, thousands of employees nationwide have trusted Concentra Telemed to connect with our licensed Concentra® clinicians for the right care at the right time using video technology. Employees receive prompt attention to relatively minor work-related medical issues, work injury rechecks, and more.

### **Treatable Condition**

- Grade I/II upper/lower extremity strains/sprains
- Minor neck and back strains/sprains
- Bruises/contusions
- Minor burns
- · Abrasions/scrapes
- Contact dermatitis/rashes
- Tendonitis/repetitive-use injuries
- Bloodborne pathogen exposures

# Other Concentra **Telemed Services**

- Physical therapy
- COVID-19 return-to-work evaluations
- Transfer-of-care evaluations

Available through workers' compensation programs for initial injuries and through nurse triage should your program include it, Concentra Telemed can be a valuable component to your workplace injury program and process.

# **Concentra Telemed Advantages**

**Expertise.** Concentra clinicians are trained to deliver quality occupational health care. A Concentra Telemed virtual visit offers the same level of care as delivered in person at our medical centers.

**Convenience.** Employees have 24/7 access to a licensed Concentra clinician from their smartphones, computers, or tablets – no need to worry about clinic hours or travel time/distance.

**Enhanced functionality.** Our platform offers an exceptional patient experience with streamlined user options for fewer clicks. limited downtime for scheduled maintenance. and the ability to add guests via video.

Complete care. Concentra Telemed is designed to provide full treatment of most minor work injuries without the need to refer a patient to a Concentra medical center.

Continuum of care. Should a telemedicine patient require hands-on care, we can continue treatment in a nearby Concentra medical center with minimal delay.

#### One process, regardless of care location.

Whether an employee receives in-person care at a Concentra medical center or uses Concentra Telemed, you use the same treatment authorization and billing processes, and receive the same activity status reporting.

## How to Access Concentra Telemed

Web and Mobile. Go to www.concentratelemed.com from your laptop or mobile device.

**App.** Go to the Apple App Store or Google Play and download the Concentra Telemed app.

To use Concentra Telemed, employees will need the following:

- · Access to a quiet, private location for the visit.
- A computer, smartphone, or mobile device with a webcam and microphone.
- A valid photo ID or driver's license.
- An active email address and password of their choosing.
- An internet connection

## Get Concentra Telemed at Your Workplace

Find out if Concentra Telemed is available in your state.

